



UNIVERSITY ORAL & FACIAL SURGERY, P.

J. TERRY CARLSON, D.M.D., M.D. / JAMES J. LINK D.D.S

S. CRAIG FAIRBURN, D.M.D., M.D. / JOHN R. FARNHAM, D.M.D., M.D.

MATTHEW LOEB, D.M.D. / S. SCOTT DAVIS, D.M.D., M.D.

PRE-OPERATIVE IV SEDATION INSTRUCTIONS

- You **MUST NOT** have anything to eat or drink after midnight the night before surgery or at least eight (8) hours prior to your surgery time if scheduled in the afternoon. You may take your normal or daily medications as well as new medications with no more than four (4) ounces of water the morning of surgery.
- You **MUST** be accompanied by someone 18 years of age or older to drive you home after surgery if you have had IV sedation or general anesthesia. If you are under the age of 18 you must be accompanied by a parent/guardian. Please have this person be prepared to stay in the office for your entire appointment, as well as during your recovery at home that day.
- Wear loose, comfortable clothing (preferably short sleeves). **We ask that all personal items, jewelry, watches, purses etc. remain with your caregiver during your surgery.**
- Plan to be off work or school for approximately two to three (2-3) days. This may vary depending on the type of surgery you are having.
- Prepare to be on a **soft diet for at least two (2) days after surgery**. Soft diet would include strained soup, Jello-O, ice cream, pudding, yogurt, custards, Gatorade, juices, etc. Any dissolvable liquid without particles is good. **Do not use straws** the first twenty-four (24) after surgery as it may cause bleeding.
- Do not wear contact lens the morning of or during surgery.
- Please avoid wearing any heavy make-up and mascara the day of surgery. Also, please avoid wearing excessive jewelry, large earrings, etc.
- Do not wear heavy, dark fingernail polish or acrylic nails the day of surgery if at all possible.
- **Smoking is not advised** for two (2) days prior to surgery and two (2) days after surgery. Patients who do smoke may have delayed healing, increased chance of infection, and other complications.
- You will have an **ice pack to apply to the surgical area for the first twenty-four (24) hours** after surgery.
- If the doctor prescribes medication prior to surgery, **please have the prescriptions filled as soon as possible** after leaving the office. Read the prescription bottle closely the day before surgery. Some of the medications may need to be started the day before surgery or the morning of surgery.
- If you have any questions regarding these instructions, please do not hesitate to call our office. Office hours are Monday-Thursday, 8:00-5:00 pm and Friday, 7:00-2:00pm.
- **Please note:** As a courtesy to our patients, **food and drink is prohibited in our facility and use of cellular phones is prohibited in the clinical area.**
- **ANY Diabetic medications for weight loss, will need to be held for 1 WEEK prior to surgery if taken every week , if taken DAILY the need to hold the dose the day before and day of surgery. Examples Semaglutide, Ozempic and Mounjaro if you have any questions please call the office .**

**WE DO NOT PERMIT RECORDING OF ANY TYPE IN OUR FACILITY
UNDER ANY CIRCUMSTANCES.**